



BRITISH ELBOW & SHOULDER SOCIETY

ELBOW UPDATE SYMPOSIUM

Macdonald hotel, Manchester

1-2 October 2018

THIS IS A PROVISIONAL PROGRAMME AND MAY BE SUBJECT TO CHANGE

- Mission:** To review current knowledge and highlight new advances in elbow surgery and physiotherapy
- Target Audience:** Practising surgeons and AHPs wanting to advance knowledge
- Teaching methods:** Short lectures, debates, case based discussions, live cadaveric demo, in-depth scientific papers
- Faculty: Surgical**
- Amjid Ali (Sheffield)
 - Rouin Amirfeyz (Bristol, Organising committee)
 - Jaime Candal-Couto (Northumbria, Organising committee)
 - Andrew Duckworth (Edinburgh, Organising committee)
 - David Hargreaves (Brighton)
 - Anthony Hearnden (Guildford)
 - Chris Peach (Manchester)
 - Joideep Phadnis (Brighton)
 - Tom Lawrence (Coventry)
 - Tim Matthews (Cardiff)
 - Ian Trail (Wrightington)
 - Lee Van Rensberg (Cambridge)
 - Adam Watts (Wrightington, Convenor)
- Faculty: Physiotherapy**
- Val Jones (Sheffield)
 - Jill Thomas (Wrightington, Co-Convenor)
- Faculty: International**
- Raul Barco (Madrid, Spain)
 - Denise Eygendaal (Holland)
 - Jelle Heisen (Holland, physiotherapist)
 - Lars Mueller (Germany)
- Faculty: Invited guests**
- Peter Brownson, BESS President
 - Lech Rymaczewski
 - David Stanley, Editor-in-Chief Shoulder & Elbow
 - Mike Thomas, Immediate past President

Day one overview: 1 October 2018		Day two overview: 2 October 2018	
Time	Outline	Time	Outline
10:35-12:00	Debate	09:00-10:30	Sports injury
12:00-13:30	Lunch and trade exhibition	11:30-11:00	Coffee and trade exhibition
13:30-14:30	Live cadaveric demo/physiotherapy breakout (PB)	11:00-12:00	Best from BESS
14:30-15:30	Elbow arthroscopy in trauma/PB	12:00-13:30	Lunch and trade exhibition
15:30-16:00	Coffee and trade exhibition	13:30-14:30	Cadaveric demo/PB
16:00-18:00	Elbow trauma	14:30-15:30	Keynote/breakout
18:00	Close of day one	15:30-16:00	Coffee and trade exhibition
		16:00-17:30	Arthroplasty
		17:30	Close of day two

Day one: 1 October 2018

Debate: How should we be treating tennis elbow in 2018?

Time: 10:35- 12:00

Chair: Adam Watts; Jelle Heisen

10:35-10:45	Still a role for steroid injection	Anthony Hearnden
10:45-11:00	Do no harm - other non-operative treatments	Ian Trail
11:00-11:10	Open surgery is safe and effective	David Hargreaves
11:10-11:20	Faster recovery with arthroscopic release	Denise Eygendaal
11:20-11:35	Non-surgical problem - let the physios in	Jill Thomas
11:35-12:00	Discussion	

12:00-13:30 Lunch and industry sponsored workshops

Cadaveric demonstration

Time: 13:30-14:30

Chair: David Hargreaves

13:30-14:00	Coronoid fracture fixation	Lars Mueller
14:00-14:30	Suture repair of simple olecranon fractures	Adam Watts

Elbow arthroscopy in trauma

Time: 14:30-15:30

Chair: Chris Peach

14:30-14:45	Arthroscopic fracture management	Lars Mueller
14:45-15:00	Soft tissue reconstruction	Raul Barco
15:00-15:15	Management of distal biceps pathology	Joideep Phadnis
15:15-15:30	Discussion	

Physiotherapist breakout: Clinical assessment and tendinopathy

Time: 13:30-15:30

13:30-15:30 With Jelle Heisen; Val Jones; Jill Thomas

15:30-16:00 Coffee

Elbow trauma - case based teaching

Time: 16:00-18:00

Chair: Anthony Hearnden; Val Jones

16:00-16:20	Distal humerus fractures in the elderly	Andrew Duckworth
16:20-16:40	Managing instability	Tom Lawrence
16:40-17:00	Radial head - fix, replace, excise	Lee Van Rensberg

17:00-17:20	Preventing stiffness	Jill Thomas
17:20-17:40	Discussion	
17:40-18:00	Ask the expert - bring your cases to discuss Chair: Lee Van Rensberg	Raul Barco; Denise Eygendaal; Jelle Heisen; Val Jones; Lars Mueller

18:00 Drinks reception

Day two: 2 October 2018

Sports injury
Time: 09:00-10:30
Chair: Rouin Amirfeyz; Jill Thomas

09:00-09:15	Posterolateral rotatory instability	Tim Matthews
09:15-09:30	Chronic medial ligament injury	Raul Barco
09:30-09:45	Ulnar nerve and snapping triceps	Chris Peach
09:45-10:00	Osteochondritis dissecans	Denise Eygendaal
10:00-10:15	Gaining stability and control of the elbow	Jelle Heisen
10:15-10:30	Discussion	

10:30-11:00 Coffee

Best from BESS
Time: 11:00-12:00
Chair: Jelle Heisen; Ian Trail

11:00-12:00 Best four elbow papers from BESS based on judges scores will be invited to give a 12 minute paper with 3 minutes discussion

12:00-13:30 Lunch

Cadaveric demonstration
Time: 13:30-14:30
Chair: Denise Eygendaal

13:30-14:00	Elbow arthroplasty approaches	Raul Barco
14:00-14:30	Ligament reconstruction	David Hargreaves

Physiotherapist breakout: Stiff elbow, instability, arthroplasty
Time: 13:30-14:30

13:30-14:30 With Jelle Heisen; Val Jones; Jill Thomas

Surgical keynote
Time: 14:30-15:30
Chair: Jaime Candal-Couto; Jill Thomas

14:30-15:30	The future of elbow arthroplasty	Denise Eygendaal
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15:30-16:00 Coffee

Elbow arthroplasty
Time: 16:00-17:30
Chair: Raul Barco; Val Jones

16:00-16:20	Linked versus unlinked arthroplasty	Jaime Candal-Couto
16:20-16:40	Infected elbow arthroplasty: DAIR, 1 or 2 stage revision	Amjid Ali
16:40-17:00	Optimising outcomes from elbow arthroplasty	Val Jones
17:00-17:30	Discussion	



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