



BRITISH ELBOW & SHOULDER SOCIETY

ELBOW UPDATE SYMPOSIUM

Macdonald hotel, Manchester

1-2 October 2018

PROGRAMME MAY BE SUBJECT TO CHANGE

Mission:	To review current knowledge and highlight new advances in elbow surgery and physiotherapy
Target Audience:	Practising surgeons and AHPs wanting to advance knowledge
Teaching methods:	Short lectures, debates, case based discussions, live cadaveric demo, in-depth scientific papers
Faculty: Surgical	Amjid Ali (Sheffield) Rouin Amirfeyz (Bristol, Organising committee) Jaime Candal-Couto (Northumbria, Organising committee) Andrew Duckworth (Edinburgh, Organising committee) David Hargreaves (Southampton) Anthony Hearnden (Guildford) Chris Peach (Manchester) Joideep Phadnis (Brighton) Tom Lawrence (Coventry) Tim Matthews (Cardiff) Ian Trail (Wrightington) Lee Van Rensberg (Cambridge) Adam Watts (Wrightington, Convenor)
Faculty: Physiotherapy	Val Jones (Sheffield)
Faculty: International	Jill Thomas (Wrightington, Co-Convenor) Raul Barco (Spain) Denise Eygendaal (Holland) Lars Mueller (Germany)
Faculty: Invited guests	Peter Brownson, BESS President Mike Thomas, Immediate past President

Day one overview: 1 October 2018		Day two overview: 2 October 2018	
Time	Outline	Time	Outline
09:00	Registration desk open	08:30	Registration desk open
10:35-12:00	Debate	09:00-10:30	Sports injury
12:00-13:30	Lunch, trade exhibition and industry sponsored workshops	10:30-11:00	Coffee and trade exhibition
13:30-14:30	Live cadaveric demo/physiotherapy breakout (PB)	11:00-12:00	Best from BESS
14:30-15:30	Elbow arthroscopy in trauma/PB	12:00-13:45	Lunch, trade exhibition and industry sponsored workshops
15:30-16:00	Coffee and trade exhibition	13:45-14:45	Cadaveric demo/PB
16:00-18:00	Elbow trauma	14:45-15:30	Keynote/breakout
18:00	Close of day one and drinks reception	15:30-16:00	Coffee and trade exhibition
		16:00-17:30	Arthroplasty
		17:30	Close of day two

Day one: 1 October 2018

Debate: How should we be treating tennis elbow in 2018?

Time: 10:35- 12:00

Chair: Adam Watts

10:35-10:45	Still a role for steroid injection	Anthony Hearnden
10:45-11:00	Do no harm - other non-operative treatments	Ian Trail
11:00-11:10	Open surgery is safe and effective	David Hargreaves
11:10-11:20	Faster recovery with arthroscopic release	Denise Eygendaal
11:20-11:35	Non-surgical problem - let the physios in	Jill Thomas
11:35-12:00	Discussion	

12:00-13:30 Lunch, trade exhibition and industry sponsored workshops

Cadaveric demonstration

Time: 13:30-14:30

Chair: David Hargreaves

13:30-14:00	Coronoid fracture fixation	Lars Mueller
14:00-14:30	Suture repair of simple olecranon fractures	Adam Watts

Elbow arthroscopy in trauma

Time: 14:30-15:30

Chair: Chris Peach

14:30-14:45	Arthroscopic fracture management	Lars Mueller
14:45-15:00	Soft tissue reconstruction	Raul Barco
15:00-15:15	Management of distal biceps pathology	Joideep Phadnis
15:15-15:30	Discussion	

Physiotherapist breakout: Clinical assessment and tendinopathy

Time: 13:30-15:30

13:30-14:30	Examination and assessment	Val Jones
14:30-15:30	Tendinopathy	Val Jones

15:30-16:00 Coffee

Elbow trauma - case based teaching

Time: 16:00-18:00

Chair: Anthony Hearnden; Val Jones

16:00-16:20	Distal humerus fractures in the elderly	Andrew Duckworth
16:20-16:40	Managing instability	Tom Lawrence
16:40-17:00	Radial head - fix, replace, excise	Lee Van Rensberg

17:00-17:20	Preventing stiffness	Jill Thomas
17:20-17:40	Discussion	
17:40-18:00	Ask the expert - bring your cases to discuss Chair: Lee Van Rensberg	Raul Barco; Denise Eygendaal; Val Jones; Lars Mueller

18:00 Drinks reception

Day two: 2 October 2018

Sports injury
Time: 09:00-10:30
Chair: Rouin Amirfeyz; Jill Thomas

09:00-09:15	Posterolateral rotatory instability	Tim Matthews
09:15-09:30	Chronic medial ligament injury	Raul Barco
09:30-09:45	Ulnar nerve and snapping triceps	Chris Peach
09:45-10:00	Osteochondritis dissecans	Denise Eygendaal
10:00-10:15	Gaining stability and control of the elbow	Jill Thomas
10:15-10:30	Discussion	

10:30-11:00 Coffee

Best from BESS
Time: 11:00-12:00
Chair: Ian Trail

The best four elbow papers from BESS based on judges scores have been invited to give a 12 minute paper with 3 minutes discussion

11:00-11:15	The contribution of the posterolateral capsule to elbow joint stability: a cadaveric biomechanical investigation	AC WATTS; DS Edwards; MS Arshad; T Luukkala; AE Kedgley <i>Wrightington Hospital</i>
11:15-11:30	Platelet-Rich-Plasma injection in lateral elbow tendinopathy: exploring international expert consensus with the Delphi method	JP EVANS; CD Smith; AC Watts; N Maffulli; VA Goodwin <i>University of Exeter Medical School</i>
11:30-11:45	A post-operative physiotherapy protocol to reduce elbow stiffness following open reduction internal fixation of elbow fracture	JL THOMAS; AC Watts; AD Duckworth <i>Wrightington Hospital</i>
11:45-12:00	The effect of obesity on implant survival rates in primary total elbow arthroplasty.	V JONES; D Potter; D Thyagarajan, D Stanley; A Ali <i>Sheffield Shoulder and Elbow Unit</i>

12:00-13:45 Lunch, trade exhibition and industry sponsored workshops

Cadaveric demonstration
Time: 13:45-14:45
Chair: Denise Eygendaal

13:45-14:15	Elbow arthroplasty approaches	Raul Barco
14:15-14:45	Ligament reconstruction	David Hargreaves

Physiotherapist breakout: Stiff elbow, instability, arthroplasty
Time: 13:45-14:45

13:45-14:15	Instability rehabilitation	Val Jones
14:15-14:45	Moving the already stiff elbow	Jill Thomas

Surgical keynote
Time: 14:45-15:30
Chair: Jaime Candal-Couto; Jill Thomas

14:45-15:30	The future of elbow arthroplasty	Denise Eygendaal
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15:30-16:00 Coffee

Elbow arthroplasty
Time: 16:00-17:30
Chair: Raul Barco; Val Jones

16:00-16:20	Linked versus unlinked arthroplasty	Jaime Candal-Couto
16:20-16:40	Infected elbow arthroplasty: DAIR, 1 or 2 stage revision	Amjid Ali
16:40-17:00	Optimising outcomes from elbow arthroplasty	Val Jones
17:00-17:30	Discussion	

Lunchtime industry sponsored workshops
Day one and two

Day one

Workshop 1	Management of coronoid fractures (Medartis)	Adam Watts
Workshop 2	Title to be confirmed (Smith & Nephew)	Speaker to be confirmed

Day two

Workshop 1	Tips & tricks for hemi arthroplasty (Wright Medical)	Adam Watts
Workshop 2	Radial head replacement (Acumed)	Rouin Amirfeyz
Workshop 3	UCL internal brace (Arthrex)	Nick Ferran



Register now at www.bess.org.uk/eus/



Email us at office@bess.org.uk



Call us on 020 7269 5200

